

AWAKENING YOUR LEGACY

BIG IDEAS AND RICH CONVERSATIONS
WITH NORTH BAY WOMEN



We live in a remarkable time. It is a time for big, bold ideas about possibilities. It is a time where one person, one partnership, one idea can make a difference. It is a time to engage in conversations about visions that light up our own lives and inspire a brighter future for our world.

In 2010, we will host nine Awakening Your Legacy evening events with women. You will have direct access to Bay Area thought leaders and innovators who are passionate about something that became their personal destiny. We pair this with compelling conversations with other North Bay women around intimate tables at the beautiful Ramekins Culinary School in Sonoma (<http://www.ramekins.com>).

Each month we will enjoy a simple, freshly prepared supper by our Ramekins chef and experience an unforgettable encounter with our speaker. Each speaker's story reveals how action transformed the speaker's own life and contributed to the greater good in vital areas like sustainability, health, new business models, and education.

We will then engage in thoughtful conversations to discover and support the fresh ideas and longings we perhaps didn't even know we had. We will dive into the questions of how we might give our energy and attention so that our life imprint both fills our personal cup and ignites our greatest contribution to the world.

With each event, we will create fertile ground for big ideas to stir and awaken so that each of us can move toward our own unique legacy.

To take part in this spirited initiative, email sonomabigideas@gmail.com or call Carole Peccorini and Chalon Bridges at 707-996-2167.



A mother-daughter venture inspiring many women to discover their personal legacy and share it with the world.

Chalon is a publisher and enjoys sparking a passion for learning in the next generation. Sonoma mom of two, Sam and Lucy.

Carole offers science and arts background to inspire women to open up the vision of their lives and apply new choices under all circumstances.



SAVE THE DATES

WEDNESDAY EVENINGS

6:00 – 9:00 PM

FEBRUARY 24

MARCH 24

APRIL 28

MAY 26

JUNE 23

JULY 28

AUGUST 25

SEPTEMBER 22

OCTOBER 20

CO-LEADERS

**Carole Peccorini RN, MA
and Chalon Bridges**



We have set a chair at the table for you.

AWAKENING YOUR LEGACY

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WEDNESDAY EVENING, AUGUST 25

SPEAKER, SUSAN RICKERT

**GUTSY GRANDMOTHER AND INSPIRED WORLD TRAVELER
GIVING BACK TO THE CHILDREN**

FOLLOWED BY RICH TABLE CONVERSATIONS

5:45 – 6:30 PM • ARRIVAL AND CASH BAR

6:30 – 7:15 PM • SUPPER

7:15– 9:00 PM • PROGRAM AND CLOSURE

**RAMEKINS CULINARY SCHOOL, EVENTS AND INN
450 WEST SPAIN STREET, SONOMA**

PRIX \$60

Advanced Registration Only - Deadline Monday, August 16

Checks Payable To: Carole Peccorini, Sonoma Big Ideas

Mail To: 18398 Riverside Drive, Sonoma, CA 95476

Register online at <http://sonomabigideas.blogspot.com>

Ramekins is providing a gift certificate for cooking classes for two at each event.

Drawing will take place following dinner and winner must be present.

No refunds. Cancellation a full 4 days in advance will be applied to the next month's event.

*For information, contact Carole Peccorini and Chalon Bridges at
(707) 996-2167 or email sonomabigideas@gmail.com*



When Susan Rickert celebrated her 60-year birthday and all five children were raised, educated and out the door, she declared to her husband Tom, "I'm out the door to see the world." Yet Susan was no ordinary traveler.

Susan first focused on her long-standing love affair with Tanzania where she spent two years in the Peace Corps as a primary school teacher in a remote, isolated bush village in the 1960's. She chose to travel with OAT (Overseas Adventure Travel) because a school visit was integral to their itinerary. She was eager to see what primary schools in the bush villages looked like today.

What she saw became a "pivotal moment that changed my life." When Susan visited the Bashay Primary School in the Karatu region, she saw a wing of the school that had a dirt floor and no windows, doors or a roof. She was so moved, she collected the money for the new roof on the spot.

Susan has been collecting money every since. She has traveled each year to Tanzania for ten years and each time, she arrives at the local school with two questions: "What do you need? How can I help?" Once the project is selected by the villagers, she pledges to raise the money and return in a year to see how it is progressing. "Most of the time, the work is finished, and I'm able to cut the ribbon," she says.

Over ten years, Susan has raised over \$300,000 and funded new classrooms, schools, roofs, kitchens, dining halls, first-aid clinics and scholarships for thousands of children.

Susan's focus also shifted to another part of the world. For three nights she had a recurring dream that called her to the Amazon, to remote villages that needed help and no one else was helping. "It was

a mystical experience," she says. "What I found was very similar to my Tanzania trips, only a water safari. What I found were loving, outgoing people living as they have for years."

Visiting a primary school in the village of Las Palmas in Peru, Susan discovered the need for a first-aid clinic. Within a year she was cutting ribbons on first-aid stations in two separate villages and creating funds for emergency short-wave radios, solar panels for lighting and refrigeration of vaccines as well as soccer equipment for the school.

As Susan works on her African and Amazon projects daily, she is also a very engaged grandmother. Those five children are all married and she has seven grandchildren and helps pick up the slack for her young mom daughters. Though San Francisco is her home, "I feel at home in the world," Susan says, "especially in remote villages."

"I'm not a wealthy woman," writes *Mama Susan*, a professional massage therapist. "I am just like you. I work mostly by intuition, then bulldog determination combined with inspiring others to get involved, and enjoy the magic of how it all comes together." Can grandmothers have Big Ideas and create meaningful change? "Nothing is impossible when we inspire a committed group of people and ask the two important questions: "What do you need, and how can we help?"

Check <http://sonomabigideas.blogspot.com> for a list of all upcoming events and speakers.

